

Normal Trading Hours for All Products*

US Daylight Saving Time (Summer Time)

Our normal trading hours are between 22:01GMT on Sunday night and 20:00 GMT on Friday night.

PRODUCT NAME	SYMBOL	TRADING HOURS (GMT)	DAILY TRADING BREAKS (GMT)	EXPIRY (GMT) ON LAST TRADING DAY
Forex				
EURO VS US DOLLAR	EURUSD	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
US DOLLAR VS JAPANESE YEN	USDJPY	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
BRITISH POUND VS US DOLLAR	GBPUSD	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
US DOLLAR VS SWISS FRANC	USDCHF	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
AUSTRALIAN DOLLAR VS US DOLLAR	AUDUSD	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
US DOLLAR VS CANADIAN DOLLAR	USDCAD	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
NEW ZEALAND DOLLAR VS US DOLLAR	NZDUSD	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
US DOLLAR VS HUNGARIAN FORINT	USDHUF	7:01 - 20:00 Daily	-	
US DOLLAR VS MEXICAN PESO	USDMXN	7:01 - 20:00 Daily	-	
US DOLLAR VS NORWEGIAN KRONE	USDNOK	7:01 - 20:00 Daily	-	
US DOLLAR VS POLISH ZLOTY	USDPLN	7:01 - 20:00 Daily	-	
US DOLLAR VS SOUTH AFRICAN RAND	USDZAR	7:01 - 20:00 Daily	-	
US DOLLAR VS SWEDISH KRONA	USDSEK	7:01 - 20:00 Daily	-	
US DOLLAR VS TURKISH LIRA	USDTRY	6:01 - 20:00 Daily	-	
US DOLLAR VS INDIAN RUPEE	USDINR	3:45 - 11:30 Daily	-	
US DOLLAR VS RUSSIAN ROUBLE	USDRUB	7:00 - 16:00 Daily	-	
AUSTRALIAN DOLLAR VS CANADIAN DOLLAR	AUDCAD	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
AUSTRALIAN DOLLAR VS JAPANESE YEN	AUDJPY	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
AUSTRALIAN DOLLAR VS NEW ZEALAND DOLLAR	AUDNZD	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
AUSTRALIAN DOLLAR VS SWISS FRANC	AUDCHF	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
BRITISH POUND VS AUSTRALIAN DOLLAR	GBPAUD	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
BRITISH POUND VS CANADIAN DOLLAR	GBPCAD	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
BRITISH POUND VS JAPANESE YEN	GBPJPY	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
BRITISH POUND VS NEW ZEALAND DOLLAR	GBPNZD	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
BRITISH POUND VS SWISS FRANC	GBPCHF	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
CANADIAN DOLLAR VS JAPANESE YEN	CADJPY	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
CANADIAN DOLLAR VS SWISS FRANC	CADCHF	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
EURO VS AUSTRALIAN DOLLAR	EURAUD	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
EURO VS BRITISH POUND	EURGBP	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
EURO VS CANADIAN DOLLAR	EURCAD	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
EURO VS JAPANESE YEN	EURJPY	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
EURO VS NEW ZEALAND DOLLAR	EURNZD	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
EURO VS SWISS FRANC	EURCHF	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
EURO VS TURKISH LIRA	EURTRY	6:01 - 20:00 Daily	-	
NEW ZEALAND DOLLAR VS CANADIAN DOLLAR	NZDCAD	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
NEW ZEALAND DOLLAR VS JAPANESE YEN	NZDJPY	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
NEW ZEALAND DOLLAR VS SWISS FRANC	NZDCHF	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
SWISS FRANC VS JAPANESE YEN	CHFJPY	22:01 - 20:00 (Sun-Fri)	21:00 - 21:05 (Mon-Thu)	
US DOLLAR INDEX	SPT_DXY	0:01 - 20:00 (Mon-Fri)	20:00 - 00:01	
Crypto Currencies				
BITCOIN VS US DOLLAR	BTCUSD	22:01 - 20:00 (Sun-Fri)	-	
LITECOIN VS US DOLLAR	LTCUSD	22:01 - 20:00 (Sun-Fri)	-	
ETHEREUM VS US DOLLAR	ETHUSD	22:01 - 20:00 (Sun-Fri)	-	
BITCOIN CASH VS US DOLLAR	BCHUSD	22:01 - 20:00 (Sun-Fri)	-	
RIPPLE VS US DOLLAR	XRPUSD	22:01 - 20:00 (Sun-Fri)	-	

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PRODUCT NAME	SYMBOL	TRADING HOURS (GMT)	DAILY TRADING BREAKS (GMT)	EXPIRY (GMT) ON LAST TRADING DAY
Metals				
SPOT GOLD	SPT_GLD	22:01 - 20:00 (Sun-Fri)	21:00 - 22:01	
SPOT GOLD VS EURO	XAUEUR	22:01 - 20:00 (Sun-Fri)	21:00 - 22:01	
GOLD CFD	GOLDmmyy	22:01 - 20:00 (Sun-Fri)	21:00 - 22:01	17:30
SPOT SILVER	SPT_SVR	22:01 - 20:00 (Sun-Fri)	21:00 - 22:01	
SPOT SILVER VS EURO	XAGEUR	22:01 - 20:00 (Sun-Fri)	21:00 - 22:01	
SILVER CFD	SILVERmmyy	22:01 - 20:00 (Sun-Fri)	21:00 - 22:01	17:25
COPPER CFD	COPPERmmyy	22:01 - 20:00 (Sun-Fri)	21:00 - 22:01	17:00
Indices				
US 500 INDEX CFD	US500mmyy	22:01 - 20:00 (Sun-Fri)	20:15 - 20:31 & 21:00 - 22:01	20:00
US 100 INDEX CFD	US100mmyy	22:01 - 20:00 (Sun-Fri)	20:15 - 20:31 & 21:00 - 22:01	20:00
US 30 INDEX CFD	US30mmyy	22:01 - 20:00 (Sun-Fri)	20:15 - 20:31 & 21:00 - 22:01	20:00
UK 100 INDEX CFD	UK100mmyy	7:01 - 20:00 Daily	-	15:30
GERMANY 30 INDEX CFD	GER30mmyy	6:01 - 20:00 Daily	-	15:30
EURO 50 INDEX CFD	EUR50mmyy	6:01 - 20:00 Daily	-	15:30
FRANCE 40 INDEX CFD	FRA40mmyy	6:01 - 20:00 Daily	-	14:00
ITALY 40 INDEX CFD	ITA40mmyy	7:01 - 15:40 Daily	-	15:40
SPAIN 35 INDEX CFD	SPA35mmyy	7:01 - 18:00 Daily	-	15:30
JAPAN 225 INDEX CFD	JPN225mmyy	0:05 - 6:10 Daily	2:00 - 3:35	6:10
HONG KONG 50 INDEX CFD	HK50mmyy	1:16 - 17:00 Daily	4:00 - 5:01 & 8:30 - 9:16	8:00
CHINA H-SHARES INDEX CFD	CNHI mmyy	1:16 - 17:00 Daily	4:00 - 5:01 & 8:30 - 9:16	8:00
CHINA 300 INDEX CFD	CN300mmyy	1:31 - 7:00 Daily	3:30 - 5:01	7:00
CHINA A50 INDEX CFD	CNA50mmyy	1:01 - 18:00 Daily	8:30 - 9:16	8:30
INDIA 50 INDEX CFD	IND50mmyy	1:01 - 18:00 Daily	10:10 - 11:15	10:10
SHANGHAI 50 INDEX CFD	SSE50mmyy	1:31 - 7:00 Daily	3:30 - 5:01	7:00
Energy				
US OIL CFD	USOILmmyy	22:01 - 20:00 (Sun-Fri)	21:00 - 22:01	18:30
SPOT US OIL CFD	USOIL_SPT	22:01 - 20:00 (Sun-Fri)	21:00 - 22:01	
BRENT CFD	BRENTmmyy	0:01 - 20:00 (Mon-Fri)	22:00 - 0:01	18:30
NATURAL GAS CFD	NATGASmmyy	22:01 - 20:00 (Sun-Fri)	21:00 - 22:01	18:30
Commodities				
US COCOA CFD	USCOCmmyy	8:46 - 17:30 Daily	-	15:50
US COFFEE CFD	USCOFmmyy	8:16 - 17:30 Daily	-	17:25
US SUGAR CFD	USSUGmmyy	7:31 - 17:00 Daily	-	16:55
US COTTON CFD	USCOTmmyy	8:01 - 18:20 Daily	-	18:15
Equities				
US EQUITIES		13:31 - 20:00 Daily	-	

*Our trading hours may be affected by certain market holidays and are also subject to amendment when the US Daylight Saving Time begins and ends. Please refer to our separate announcements or contact our London Dealing Room or Customer Service Team for most updated information.

The cut-off time for all Finance Fees calculations, and also generating statements, is set for all our products to 20:00 GMT when Daylight Saving Time applies in the US and 21:00 GMT when the US changes back to Standard Time. All orders executed before the cut-off time will appear on today's statement. All orders executed after the cut-off time will appear on next day's statement.